

foodlife®

g Gluten Free Menu

please alert your foodlife chef if you wish to order a gluten free item

stir-fry

gluten free teriyaki sauce
all protein

all vegetables
white & brown rice

barbecue

sweet potatoes
giant baked potato with toppings

corn on the cob
real mashed potatoes

comfort

roasted turkey (without gravy)
pan seared salmon
sweet potatoes

real mashed potatoes
peas & carrots

taqueria

barbacoa tacos
chicken breast tacos
pork carnitas tacos

nachos
salsa roja
chips & guacamole

sausages

chicago hot dog
braturst
maxwell st. polish
chicken apple gouda

hot italian
jalapeno jack
kobe beef hot dog

all veggie chili
green chile chicken
fresh-cut fries
cheese sauce

sushi

philadelphia roll

edamame

acapulco roll

salad

grilled chicken, tofu, tuna salad,
all toppings except wheat grains, wontons & croutons
all dressings except blue cheese

m burger

burgers & sandwiches served on lettuce
ice cream without cone

juice

our frozen yogurt and
all of our vegetable and fruit juices are gluten free

dessert

vanilla ice cream
seasonal gelatos (ask chef for details)
shakes without malt