

Breakfast

Breakfast Sandwiches

Panini - Bacon, Egg, Cheese.....	4.95
Croissant - Ham & Cheese.....	4.95
Biscuit - Egg & Sausage	4.95
Bagel - Bacon or Sausage, Egg, Cheese	4.95

Breakfast Specialties

Tortilla - Potato & Onion	4.50
Quiche - Vegetable	4.95
Quiche Lorraine - Bacon & Cheese	5.50

Toast

Whole Wheat or Country White.....	.95
English Muffin	1.25
Bagel	1.95

Hot Breakfast Plate

Big Plate.....	7.95
Scrambled Eggs, Sausage or Bacon, Home Fries and Whole Wheat or White Toast	

Solo Sides

Scrambled Eggs	3.95
Smoked Bacon or Sausage Links	2.95

Cereal

Homemade Granola.....	3.95
Bircher Muesli Cereal.....	3.95
Steel-Cut Oatmeal.....	2.95

Yogurt & Fruit

Vanilla Low-Fat Yogurt - Berries.....	3.95
Canteen Fruit Salad.....	4.95
Breakfast Box	4.95
Granola, Vanilla Low-Fat Yogurt, Berries	

Lunch

Fresh Salads

Canteen Salad	3.95
Mixed Greens, Tomatoes, Vinaigrette	
Turkey Chop Salad	6.95
Celery, Cranberries, Apricots, Pecans, Shaved Carrots, Cucumbers, Vinaigrette	
Salmon Nicoise Salad	6.95
Nicoise Olives, Red Potatoes, Red Pepper, Green Beans, Cherry Tomato, Vinaigrette	
Ahi Tuna Salad.....	6.95
Mixed Greens, Green Beans, Tomatoes, Cucumbers, Fingerling Potatoes, White Balsamic Dressing	
Chinese Chicken Salad	6.95
Cabbage, Mixed Greens, Sugar Snap Peas, Red Pepper, Fried Wontons, Peanut-Sesame Vinaigrette	

Cold Sandwiches

Curry Chicken - Red Grapes, Celery	4.95
Organic Egg Salad - Fresh Chives	4.95
Classic Turkey Club - Bacon.....	4.95

Hot Sandwiches

Chicken & Mozzarella - Pesto	5.95
Cuban Sandwich - Pork & Swiss.....	5.95
Ham & Havarti - Dijon Mustard	5.95
New Orleans Muffaletta - Olive Relish.....	5.95
Turkey Pastrami Reuben - 1000 Island	6.50
Steak & Provolone - Peppercorn Sauce.....	6.50
Spicy Lamb Pita - Goat Cheese.....	7.95

Soups & Chili

Black Bean Chili - Prime Beef	4.50
Today's Soups	3.95

COFFEE

	REG.	LRG.
REGULAR OR DECAF.....	2.10	2.50
SPECIALTY ROAST.....	2.10	2.50
CAFÉ AU LAIT - STEAMED MILK.....	2.60	2.90
REDEYE - SHOT OF ESPRESSO.....	2.60	2.90

ESPRESSO DRINKS

	REG.	LRG.
CAPPUCCINO - FOAMED MILK.....	3.50	3.95
LATTE - STEAMED MILK.....	3.50	3.95
MOCHA - CHOCOLATE SHOT.....	3.90	4.35
AMERICANO.....	2.00	2.45

	SGL.	DBL.
ESPRESSO.....	1.65	2.10
MACCHIATO - FOAM DOLLOP.....	2.00	2.45
VIENNA - WHIPPED CREAM.....	2.00	2.45

ALL COFFEE AND ESPRESSO DRINKS
ARE ALSO AVAILABLE ICED

ICED TEAS

	REG.	LRG.
HIBISCUS ICED TEA.....	2.10	2.40
CHAI ICED TEA.....	3.50	3.95

HOT TEAS

	REG.	LRG.
ORGANIC HOT TEAS.....	3.50	3.95
CEYLON BLACK, PEONY WHITE, PEPPERMINT ROOIBOS, JADE GREEN, CHAMOMILE, WUYI OOLONG		
HOT CHAI TEA.....	3.50	3.95
GREEN TEA LATTE.....	3.50	3.95

EXTRAS

EXTRA ESPRESSO SHOT.....	.55
SOY MILK.....	.50
FLAVOR SHOTS.....	.50

CHOCOLATE, CARAMEL, VANILLA, HAZELNUT,
RASPBERRY, CHERRY, MINT, SUGAR FREE CHOCOLATE