

barbecue

BARBECUE

all sandwiches served with your choice of one side

BARBECUE BRISKET SANDWICH	7.29
PULLED BARBECUE PORK SANDWICH	7.29
PULLED BARBECUE CHICKEN SANDWICH	6.99
TEXAS-SMOKED BARBECUE BRISKET PLATTER	9.29

served with two sides

ROTISSERIE CHICKEN

rotisserie chicken served with your choice of two sides

1/4 SPIT ROASTED CHICKEN	7.99
1/2 SPIT ROASTED CHICKEN	8.99

add all white meat. 1.99

GIANT STUFFED BAKED POTATO

with butter & sour cream 4.99

with your choice of toppings. 6.99

juice

SMOOTHIES & SHAKES STARTING AT 3.95

With Fresh Fruit Juices, Real Frozen Yogurt or Ice

WILD BERRY Blueberries, Strawberries and Raspberries
STRAW-NANA Strawberry and Banana
SUNSHINE Orange, Banana and a Touch of Coconut
GO-BANANAS Bananas and More Bananas
MANGO TANGO Mango, Pineapple and Orange

VEGGIE DRINKS SMALL 3.49 LARGE 3.99

ORGANIC CARROT Nature's Nectar
SWEET JANE Carrot and Apple
GINGER SNAP Carrot, Apple, Ginger
RED VELVET Carrot, Apple, Beet
THE TRIP Carrot, Apple, Beet, Celery
WHEAT GRASS 1 OZ 2.25

REAL FROZEN YOGURT

SMALL 3.29	REGULAR 3.89
LARGE 4.49	ADD TOPPING75
FROZEN YOGURT MIXER Blended with 2 toppings	4.49

POWER POTIONS 4.50

BREAKFAST DRINK Banana, Orange, Apple, Protein, Granola
SHOPPERS ENERGY DRINK Straw-Nana, Spirulina, Protein, Non-Fat Yogurt

FRESH SQUEEZED ORANGE JUICE

SMALL 3.50	LARGE 4.25
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pizza

PIZZA BY THE SLICE

CHEESE	3.89
PEPPERONI, SAUSAGE, OR VEGETABLE	4.19
CHEF'S SPECIAL	4.39

INDIVIDUAL DEEP DISH

CHEESE	5.69
PEPPERONI, SAUSAGE, OR SPINACH	6.69

PANINI

BLACK FOREST HAM & CHEESE PANINI.	4.99
Smoked Ham, Bulterkasse Cheese	
ROASTED VEGGIE.	4.99
Roasted Red Peppers, Baby Spinach, Balsamic Red Onions	
OVEN ROASTED CHICKEN & PESTO PANINI.	5.49
Fresh Asiago Cheese, Oven Dried Tomatoes	
SPICY ITALIAN DELI COMBO PANINI	5.49
Hot Capicola, Roast Turkey, Mozzarella, Giardiniera	

foodlife®

at Water Tower Place

stir-fry

1. Fill your bowl with your favorite vegetables.
2. Select your cooking style.
3. All vegetables. 6.99
Add chicken or tofu 8.99
add shrimp or tenderloin 9.49
4. Garnish to taste after we cook it

THAI BBQ SAUCE

Complex sweet and tangy BBQ sauce with a little heat
Typical Thai flavors of lemongrass, ginger and basil

SESAME GINGER

Cool combination of ginger, agave nectar,
hoisin & sesame oil

KUNG PAO SAUCE

Traditional sweet and spicy sauce
with ginger, garlic and hoisin

TERIYAKI

A sweet soy based sauce with fresh leeks, ginger,
garlic, and a hint of sherry

comfort

FRIED CHICKEN

2 PIECE 1 SIDES.	7.49
3 PIECE 2 SIDES.	9.49
ALL WHITE MEAT ADD	1.99

SPECIALS & FAVORITES STARTING AT 5.49

Buffalo Wings, Meat Loaf, Pot Roast, Gumbo, Jambalaya,
Stuffed Peppers Fried Chicken, Chicken Pot Pie, Turkey
Dinner, Prime Rib

SIDES 2.49

Mashed Potatoes, Oven Roasted Potatoes, Peas and
Carrots, Macaroni and Cheese, Sweet Potatoes

sweet

Serving everything from our made to order Crepes
to our custom made Ice Cream and Gelato, there is
something for everyone at Sweetlife. Come in and
try a Hot Fudge Brownie or a slice of our Triple Layer
Chocolate Cake, made fresh daily by our foodlife bakers.

WE MAKE IT HERE!

all of our sauces are made fresh here in the restaurant,
fresh guacamole, marinara, teriyaki, and ranch dressing,
just to name a few

salad

create your own salad from over 30 toppings

- REGULAR GREENS (UP TO 4 TOPPINGS) 6.29
- LARGE GREENS (UP TO 6 TOPPINGS) 7.29

ADD

- GRILLED CHICKEN BREAST 1.99
- APPLEWOOD SMOKED TURKEY 1.99
- FRESH TOFU 1.99
- WHITE ALBACORE TUNA SALAD 2.49

CHOOSE YOUR STYLE

TOSSED • CHOPPED • WRAPPED

taqueria

TACOS

two double-thick tacos, filled with meat or veggies, lettuce, pico de gallo, and cheese

BURRITOS

with meat or veggies, black beans, pico de gallo, lettuce and sour cream

RICE BOWL

lime cilantro rice with black beans or pinto beans

QUESADILLAS

filled with chihuahua cheese, meat or veggies and pico de gallo

WITH

- GRILLED VEGGIES 6.99
- CHICKEN BREAST 7.69
- PORK CARNITAS 7.69
- BEEF BARBACOA 7.99
- STEAK 8.99

SIDES

- CHIPS WITH GUACAMOLE 4.99
- NACHOS 5.99

sushi

MAKI

- CALIFORNIA 5.99
- SPICY TUNA 6.99
- CRUNCHY AVOCADO 5.99
- PHILADELPHIA 6.99
- ACAPULCO 6.99

SIDES

- EDAMAME 2.29
- SESAME NOODLE SALAD 2.49
- SEAWEED SALAD 3.49
- HOT SOUP BOWL 2.99

soup

- BOTTOMLESS SOUP BOWL 6.99
- BOTTOMLESS SPECIALTY SOUP BOWL 7.99
- CUP OF SOUP 2.99
- CUP OF SPECIALTY SOUP 3.49
- PINT OF SOUP 4.99
- PINT OF SPECIALTY SOUP 5.59

New England Clam Chowder, Turkey Chili, Chicken and Crazy Pasta, Creamless Tomato, Fully Loaded Baked Potato, Tomato Basil Bisque, Italian Wedding, Broccoli Cheddar, Beef and Pot Roasted Vegetable

* selections change daily

chinese by Big Bowl

SPECIALTIES 7.89

- ORANGE CHICKEN
- SESAME CHICKEN
- SPICY SICHUAN BEEF
- THAI CURRY CHICKEN
- TERIYAKI BARBECUE CHICKEN

**MAKE IT
A COMBO
PICK TWO
ADD 1.49**

SMALL SPECIALTIES

- POTSTICKERS 3.99
- CHICKEN EGG ROLL 3.99
- CLASSIC FRIED RICE 3.49
- DIM SUM COMBO - 2 POTSTICKERS, 2 EGG ROLL 5.49

pasta

- FOUR CHEESE RAVIOLI 8.99
marinara sauce
- CAPPELINI PRIMAVERA 7.99
whole wheat pasta, tomato-basil sauce
- PENNE ARRABBIATA 7.99
spicy marinara sauce
- FETTUCCINE ALFREDO 8.49
asiago cream sauce
- MEAT LASAGNA 8.99
- SPAGHETTI BOLOGNESE 8.49
slow-cooked meat sauce
- CHICKEN PARMESAN 8.99
- CHICKEN MILANESE 8.99
lemon & caper sauce
- SHRIMP SCAMPI 9.99
garlic butter, plum tomatoes, breadcrumbs

grill

Fries included with entree

- HAMBURGER 6.49
lettuce, tomato, pickle, ketchup, mustard
- CHEESEBURGER 6.79
american cheese, lettuce, tomato, pickle, ketchup, mustard
- MONSTER BURGER 7.49
american cheese, lettuce, tomato, grilled onion, pickle, mustard
- BACON CHEDDAR BURGER 7.79
lettuce, tomato, pickle, ketchup, mustard
- CHICAGO-STYLE HOT DOG 4.49
tomato, pickle, mustard, onion, relish, sport peppers, celery salt
- VEGGIE BURGER 6.99
homemade patty, pepperjack cheese, salsa
- GRILLED CHICKEN 6.79
lettuce, tomato, italian dressing
- GRILLED CHEESE 4.99
- DELUXE GRILLED CHEESE 5.99
american cheese, tomato, bacon
- FRENCH FRIES 1.99
- CHEESE FRIES 2.89